

CRAIG WEST, Psy.D.

PSYCHWEST, Clinical & Forensic Psychology
Clinical Psychologist, PSY 17789

1445 Butte House Rd., Suite F, Yuba City, CA 95993
8700 Auburn Folsom Rd., Suite 300, Granite Bay, CA 95746

Phone/Fax: (530) 751-1122
E-mail: cwest@psychwest.com
Web: www.psychwest.com
www.couplescommunicationprogram.com

Education

- The Professional School of Psychology.** Doctorate of Psychology, Clinical Psychology, August 1999.
- California State University, Hayward.** Master of Science, Counseling Psychology, May 1996.
- Pupil Personnel Service School Counseling Credential, June 1998.
- San Francisco State University.** Bachelor of Arts, Clinical Psychology, May 1993.

Professional Panels & Associations

- ☒ American Psychological Association (APA)
- ☒ California Psychological Association, Division I, Clinical and Professional Practice (CPA)
- ☒ Sacramento Court Family Law Child Custody Panel
- ☒ Pacific Cascade Psychological Association (PCPA)

Professional Presentations and Course Instruction

- ☒ California Psychological Association, Roundtable Presenter. "Assessing Couples and Building an Online Psychology Practice," Spring 2011
- ☒ St. Andrew Presbyterian Church, Workshop Presenter. "Couples Communication Enrichment Program", Winter 2011
- ☒ American Association for Marriage and Family Therapy, Seminar Presenter. "Couples Communication Enrichment Program: Therapy and Assessment of Couples," Winter 2011
- ☒ Alliant International University, Continuing Education Instructor. Couples Communication Enrichment Program: Therapy and Assessment of Couples, Fall 2010
- ☒ Alliant International University, Guest Lecturer. Couples Communication Enrichment Program: Intimate Communication Model and the Couples Communicative Evaluation Scale, Fall 2010
- ☒ "Couple's Communication Enrichment Program," Certified Course. APA and BBS approved course, 2010
- ☒ "Couple's Communication Enrichment Program," Online Certification Course. APA and BBS approved course 2009 to Present
- ☒ "Couple's Communication Enrichment Program," Workshop Public Presentations, 2010
- ☒ "Mental Competency Evaluations, What You Should Know," Yuba-Sutter Attorney Bar Meeting, 2005

Professional Publications

- ☒ West, C.E. (2005) Clinical Utility and Validation of the Couple's Communicative Evaluation Scale. Psychological Reports, 97, 599-622.
- ☒ West, Craig. Dissertation. Intimate Connections, An Interactive Guide for Couples and Professionals Working With Couples. The Professional School of Psychology, Sacramento, 1999.
- ☒ West, Craig. Intimate Communication Exercises For Couples
- ☒ West, Craig. The Couples Communication Enrichment Program - Becoming an Intimate Communication Specialist and CCES Analyst.

Private Practice, PSYCHWEST, Clinical & Forensic Psychology
Clinical/Forensic Psychologist

January 02-Present

Forensic Experience

Forensic Evaluations:

- ☒ Child Custody Evaluations (730 & 3110)
- ☒ Competency to Stand Trial Evaluations (PC 1368)
- ☒ Mental State at the Time of the Offense Evaluations
- ☒ Sex Offender Evaluations (288.1) & Sexually Violent Predator Civil Commitment Evaluations (WIC 6600)
- ☒ Risk for Future Violence Evaluations
- ☒ Substance Abuse Evaluations
- ☒ Disability and Workers' Compensation Evaluations

Additional Forensic Services:

- ☒ Family Mediation services, assisting families in the reunification process and in the resolution of disputes
- ☒ Jury Consultation
- ☒ Witness Preparation
- ☒ Expert Witness services
- ☒ Expert Witness Cross Examination Consultations



PSYCHWEST, Clinical & Forensic Psychology
Craig West, Psy.D.

Forensic Prison Experience:

Perform Mentally Disordered Offender Evaluations through the Board of Parole Hearings and the Department of Mental Health. Competency to consent to parole conditions are evaluated. California Out of State Correctional Facility (COCF) Program Evaluations are conducted as well. The following prisons in which these evaluations are conducted include:

- ❑ San Quentin State Prison
- ❑ California Medical Facility
- ❑ Mule Creek State Prison
- ❑ California State Prison Sacramento
- ❑ Pelican Bay State Prison
- ❑ Folsom State Prison
- ❑ Deuel Vocational Institute
- ❑ California Training Facility (Soledad Prison)
- ❑ Porterville Developmental Center (PDC) (Mental Competency Assessments for Developmentally Disabled Individuals)

Forensic Programs:

Developed the **Mental Competency Assessment and Training, Community-Based Program (MCAT) for Juveniles and Adults** program which is utilized by the courts and regional centers within California, including Sacramento and San Francisco Counties. Assessments are provided to individuals whose mental competency to stand trial is in question. Mental competency training is given based on each individual's developmental level, assessment results and nature of the case. Training is multidimensional and includes mock trials and visual and auditory aids. Supplemental training includes attorney consultation, crime scene visitation, courthouse visits and courtroom guidance consultation.

Clinical Experience

Clinical Evaluations/Testing:

Extensive knowledge and experience utilizing psychological and forensic instruments including personality tests, cognitive tests and neuropsychological instruments. Assessment and testing provided for individuals with ADHD, Autism, Depression, Anxiety, Personality Disorders and other Mental Health and Childhood Disorders. Pre-surgery evaluations performed (i.e., Gastrointestinal Surgery & Spinal Stimulation Surgery). Evaluation of infants, children and adults. Thorough, detailed reports are provided.

Therapy

Individual

Psychotherapy is provided. Working contract with Regional Centers providing services to developmentally disabled individuals, including therapy, evaluations and consultative services. Individual, group and family therapy is performed. Parent training and behavioral modification interventions are implemented. Through the Victim Witness Programs of Yuba and Sutter County specialized therapeutic interventions are performed with victims of crime to help decrease feelings of helplessness and anxiety. Behavioral and inpatient psychiatric consultation services are rendered. Therapy for depression, anxiety, life adjustment skills. Services provided for children and adults.

Groups/Family

Provide group and family therapy for those requiring treatment to assist with social connection, setting boundaries and alleviating negative behaviors. Family reunification therapy is performed.

Couples

Provide couple's therapy. Couples are seen to assist in creating intimacy and decreasing negative interactions. Incorporate the use of the Couple's Communication Enrichment Program (CCEP), including the Couple's Communication Evaluation Scale (CCES), to build intimate communication skills. Therapy is designed to teach couples how to communicate in positive and fulfilling ways and how to resolve future conflicts effectively.

Clinical Program:

Founder and director of the **Couple's Communication Enrichment Program (CCEP)**. The program utilizes an assessment portion and a therapeutic portion. The assessment section includes the Couple's Communication Evaluation Scale (CCES) which is a comprehensive online test developed to measure intimate couple's communication strengths and weaknesses. The therapeutic aspect utilizes the CCES results to work with couples and their specific communication skills. The program includes workbooks, manuals, exercises and guides.

- ❑ Conferences for professionals (both live and online courses) are offered to gain knowledge about the CCEP for use with clients.
- ❑ Workshops for couples are provided to enhance communication skills within their relationship.



Clinical Supervision

- ❏ Supervise Psychological Assistants in providing evaluations and therapeutic services. Includes collaboration with post-graduate universities as well as supervision with Post-Doctorate psychological assistants.
- ❏ Supervise MFT Interns in providing therapeutic services for individuals, couples and families. Individual and small group therapy is offered.

Clinical Practice/William Falzett, Ph.D. **Psychological Clinician**

August 99-January 02

Forensic Experience

Completed Competency to Stand Trial Evaluations examining individuals abilities to consult with counsel and understand the court proceedings. Other court appointed evaluations included assessing alternative treatment options and appropriateness for diversion programs. Family mediation services were performed. Developed working relationship with CPS of Yuba County and the probation department of Sutter County. Involved with law enforcement to help reduce recidivism in theft related crimes. Developed and facilitated groups (e.g., Parenting, Anger Management, Sexual Assault).

Clinical Experience

Individual, group and family therapy was performed as needed. Provided services for Victim Witness program of Yuba and Sutter County. Contracted with Alta California Regional Center to provide services to developmentally disabled individuals. Individual psychological assessments were completed. Established relationships with skilled nursing facilities in Yuba and Sutter County including providing in-services and grief counseling. Parent training and behavioral modification interventions were implemented.

Sacramento County Department of Health & Human Assistance **Mental Health/Substance Abuse Counselor**

July 97-June 99

Assessed individuals for related mental health and substance abuse issues. Supported clients through individual and group counseling. Brief therapy and specialized treatment modalities (i.e., EMDR) were used to help clients with the healing process. Established a training program for professionals to enhance their interviewing skills to better identify at risk clients and deescalate crisis situations.

Valley Psychological Center **Psychological Assistant**

July 97-June 99

Psychological Assistant. Administered full battery psychological and neurological tests to children and adults. Written evaluations were completed and differential diagnoses given. Forensic evaluations were performed for state disability.

Specialized Training/Certifications

- ❏ American Academy of Forensic Psychology. "Intensive Forensic Practice Workshops-Advanced Forensic Psychology Practice: Issues and Applications," with Alan Goldstein, Ph.D., ABPP, Fall 2011
 - Trial competence assessments of juveniles
 - Evaluations for juvenile waiver/transfer hearings
 - Personal injury cases: Law, liability and ethics
 - Employment discrimination, harassment and the ADA
 - Case law update
 - Ethical issues in forensic psychology
 - Developments in violence risk assessment
 - Developments in sex offender risk assessment
 - Child custody evaluations: Advances in practice
 - Parenting evaluations in child protective matters
 - Evaluating validity of Miranda rights waivers
 - Strict mens rea examinations
 - Assessment in capital (death penalty) cases
 - Psychological test use in forensic assessments
 - Expert testimony
- ❏ Juvenile Competency to Stand Trial, APA Approved, 2009
- ❏ 23rd National Conference on the Family and the Self, 2009



PSYCHWEST, Clinical & Forensic Psychology
Craig West, Psy.D.

- ❏ Bridge Over Troubled Waters: Interdisciplinary Perspectives Above the Turmoil-Addressing Conflicts Between Parties, Professionals, and Paradigms 2009
(DV in Custody Disputing Families: Debates and Dilemmas, Listening to Children's Voices in Divorce Processes, Understand DV Allegations in Child Custody Disputes, The Nuts and Bolts of Interviewing Children, Interdisciplinary Collaboration and Collisions (Therapy Paradigm - Part 1), Coaching a Parent for a Child Custody Evaluation: A Call for Guidelines, Re-Naming the Problem: Can Court-Ordered Therapy Survive Close Scrutiny?)
- ❏ Foundations of Clinical Supervision, 2009
- ❏ Custody Evaluator & Mediator Training, 2009
- ❏ AAMFT Annual Conference, 2009
(Emotionally Focused Therapy, Process of Learning EFT, Losing A Child, Marital Assessment in Practice, Online MFT Education and Supervision, Gottman Method Marital Therapy, Can Family Therapy Shine, Family Therapy through the Years)
- ❏ Family Dispute Resolution Statewide Educational Institute, 2008
(Child Custody Evaluation: Getting the Whole Story / Basic and Advanced Forensic Techniques in Child Custody Evaluations / Mediation from a Narrative Perspective)
- ❏ Family Dispute Resolution Statewide Educational Institute, 2007
(Issue of Attachment Related to Parenting Plans/Child Custody and Visitation / Mediation in the Court Setting: Bridging Theory, Research and Practice / Nuts and Bolts of Child Custody Evaluation and Investigation / Parenting Plans: Special Circumstances (designed for mediators and evaluators)
- ❏ Family Dispute Resolution Statewide Educational Institute, 2006
(Testifying in Court / Relocation Cases / Juvenile Dependency Mediation)
- ❏ Domestic Violence for Child Custody Evaluators, 2006
- ❏ Child Custody Update through Psycho-Legal Associates, Joan Kelly, Ph.D., 2005
- ❏ California Law Enforcement Telecommunication System/National Crime Information Center System, CLETS, 2005
- ❏ Psychological Testing & Expert Testimony through Psycho-Legal Associates, 2003
- ❏ Divorce Mediation & Parental Alienation through Psycho-Legal Associates, 2003
- ❏ Domestic Violence & Child Abuse Assessment through Psycho-Legal Associates, 2003
- ❏ Child Custody Evaluations-The Context of Child Custody, Alliant International University, 2003
- ❏ Child Custody Evaluations-Evaluation & Adult Assessment, Alliant International University, 2003
- ❏ Child Custody Evaluations-Adult Assessment and Assessment of Children, Alliant International University, 2003
- ❏ EMDR Level I & II, June 1998
- ❏ ADOS Certification Training, June 2002
- ❏ Sacramento County Advanced Drug & Alcohol Training, Level I, II & III, including SASSI Certification, July 1999
- ❏ Sacramento County Advanced Group Facilitator Training, August 1999